

Celebrity Cruises Partners With SPE Certified to Expand Healthy Dining Options

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Celebrity Cruises has partnered with SPE Certified to expand its onboard healthy dining options.

SPE Certified is a certification and consulting program designed to enhance the nutritional quality of meals without compromising taste. SPE includes a team of experts who collectively take a scientific approach to certifying dishes.

SPE Certified proved it can be done as they tested their method at **Rouge Tomate** restaurant in **New York City**, where chefs created dishes such as brook trout a la plancha, bison ribeye "Pot-au-Feu," local tomato gazpacho, **Hudson Valley** rabbit "En Croute," and squid ink fettucine - all entirely free of cream or butter.



SPE Certified's high set of standards will be applied to certifying more than 60 dishes on the menus of Celebrity Cruises' main restaurants - including such selections as salmon tartare with celery root puree, trout roe caviar, dill, apple and pumpnickel; roasted pork loin with smoky red cabbage, butternut squash and cranberry jus; seared branzino with parsnip puree, lentils, spinach and pomegranate, and molten lava cake - as well as every dish on the menus of the line's refreshing **AquaSpa Cafes**.

"Consumers' desire for healthy dining options has evolved from a small niche several years ago into the general mindset today, with developments like the ban of trans fats, nutrition labeling, and passionate dietary followings such as vegan, gluten-free and low-carb, so this was the ideal time to rethink our approach to healthy dining," said Celebrity's Culinary Director **John Suley**. "Celebrity has always been a leader in offering a high quality dining experience and culinary innovations, and with SPE Certified, we have the opportunity to pair that legacy with a new definition of healthy dining for our guests."

"Celebrity's culinary team has an obvious passion for food, as well as a single-minded focus to provide their guests with an unparalleled level of dining on the high seas, and we are therefore delighted to be partnering with them," said SPE Certified Founder & CEO **Emmanuel Verstraeten**.

Celebrity's SPE-certified dishes will be available first on **Celebrity Reflection** starting **April 6, 2013**, and will be available across the entire fleet by the end of the year.

Visit www.celebritycruises.com.