

5 Reasons Why We Dig Organic Avenue's Grab-And-Go



Forget about In-N-Out Burger, Mickey D's and KFCs of the world. Bet you never thought juice diets and grab-and-go could ever happen in the land of super size-it! The first grab-and-go for organic, plant-based meals and snacks in the US has finally arrived thanks to **Organic Avenue**.

In late April, the 12-store brand opened a new flagship at 5 Brant Park in New York City. If you haven't been keeping up, Organic Avenue is a 14-year old leader of the cold-pressed juice industry, with releases of amazing menus of hot and cold organic plant-based foods now available for casual in-store dining or takeout. Your breakfast, lunch and dinners have never tasted or felt so green and healthy! Here are 5 reasons why we think you'll dig OA as much as we do:

1. **Power your brain so you can think better!** They've launched new signature highlights in-store with Feed Your Brain menus that give educational and nutritional info about plant-based eating. The flavor-focused, healthful meals include a special

series of menu items developed with chefs and nutritionists from SPE Certified®, a unique company that enhances the nutritional quality of meals, without compromising taste.



2. **Location**, **location**! New Organic Avenue store openings will be concentrated in areas that reach consumers during their workdays. Especially in dense business districts, giving local office workers healthy grab-and-go meal options so we can all reach our physical goals!



3. **Wrap it up!** We're in love with the new Curried Vegetable Wrap (hot) which is a classic curry with cruciferous cauliflower that provides potassium and folate for brain function. Cayenne ginger curry and tea-soaked raisins add antioxidant power. We also think the Romesco Green Bean Wrap is pretty awesome too. Hearty green beans and protein-rich almonds with a savory romesco sauce wrapped in a whole wheat tortilla. Almonds provide protein while red bell peppers and tomatoes add vitamins.



4. **Kimchi**, **anyone?** The new Kimchi Wild Rice Bowl is another hearty wild rice with Asian flavors. Wild rice and cashews makes this a complete protein dish. Kimchi is a traditional Korean dish made of fermented vegetables, a great source of healthy probiotics.



5. **Indoor decor pulls you in.** The new Organic Avenue flagship at 5 Bryant Park in Manhattan incorporates a modern design with an inviting ambiance with vertical plant gardens as a focal point.



 $\frac{http://jetsettimes.com/2014/05/01/5-reasons-why-we-dig-organic-avenues-grab-and-go/}{}$