

Lark Creek Brings Delicious Healthy Cuisine To Orange County



Watermelon Carpaccio at Lark Creek Newport Beach.

If you're looking for top Orange County dining, San Francisco-based Lark Creek Restaurant Group opens up their first Southern California location at Fashion Island.

When you're dining at Lark Creek Restaurant at Fashion Island you're winning two-fold: Not only is the restaurant dedicated to sourcing the best ingredients sustainably, it is the first restaurant on

the West Coast to feature a SPE Certified program designed to enhance the nutritional quality of meals without sacrificing taste. The result is a selection of seasonal, healthful dishes following the program's nutritional and culinary philosophy of managing fat, salt and portion size.

You might be worried that healthful equals bland—not here. Our favorites were the SPE Certified watermelon carpaccio with Valreso feta, radish, mint and champagne vinaigrette; and the white shrimp ceviche with avocado, toy box tomato, cilantro, habanero lime and plantain chips. The watermelon carpaccio was bursting with flavor with just the right balance of sweetness from the fruit, salt from the feta and acid from the vinaigrette. Not to be outdone, the white shrimp ceviche screamed freshness and would turn anyone hesitant about ceviche into an instant fan.



Don't miss the BBQ chicken tamale pancake: a deconstructed tamale served with avocado salsa and tortilla strips. The whole corn kernels in the pancake offered excellent texture and the flavors in the dish married beautifully.

You can also imbibe at Lark Creek without overdoing it with their selection of zero proof cocktails. The Newport Smash topped our list and is a concoction of plum, strawberry, lemon, lime, mint and soda—you don't even miss the hard stuff in this mix. The restaurant's open, airy space features an outdoor lounge, full bar and private dining room. L, D daily; Br Sa-Su. 957 Newport Center Drive, Newport Beach, 949.640.6700. larkcreeknb.com

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